# Surgical management of chronic empyema

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## Empyema staging

Stage I: exudative (0–2 weeks)

- · alteration in fluid production and re-absorption balance:
- · free-floating, serous fluid
- pH >7.2, LDH <1000 U/L, glucose >60 mg/dL
- · no organism present

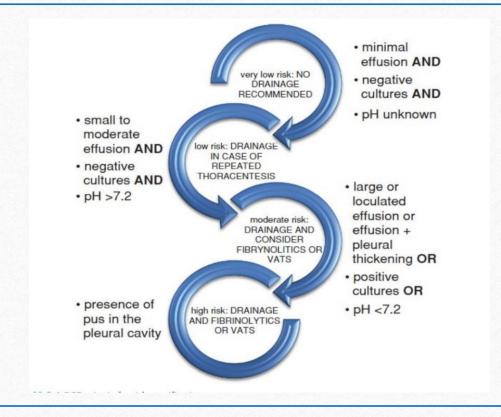
Stage II: fibrinopurulent (1–6 weeks)

- activation of the coagulation cascade, down regulation of fibrinolysis, fibrin deposit:
  - · cloudy or purulent effusion, loculations
  - WCC >500/microL, ph <7.2, LDH >1000 U/L, glucose <60 mg/dL
- bacterial colonization

Stage III: organizing (5 + weeks)

- · fibroblast chemotaxis:
- · frank pus or no fluid at all
- WCC >15000/microL, ph <7, LDH >1000 U/L, glucose <50 mg/dL</li>
- pleural cortex
- fibrothorax

#### ACCP criteria for risk stratification



### Surgery indications in chronic empyema

• Stage 2 empyema:

**VATS** debridement

• Stage 3 empyema:

**VATS** debridement

**Thoracotomy** 

**Decortication** 

#### STAGE II: STAGE I: STAGE III: · more than 50% multiloculated effusion pleural cortex opacification at CXR · failure of lung re-expansion · presence of septa failure of antibiotic therapy repeated thoracentesis · uniloculated effusion and drainage alone · symptomatic patient · persistent signs and symptoms of sepsis **VATS** DECORTICATION **VATS DEBRIDEMENT** THORACOTOMY **CHEST DRAIN** DEFERRED SURGICAL **FIBRINOLYTICS** DECORTICATION

## Type of surgery

**VATS** Debridement

Decortication: via VATS

**Thoracotomy** 

Open drainage

#### STAGE II EMPYEMA TRAETMENT

- The American College of Chest Physicians in 2000 reviewed stage II empyema patients treated with
  - (1) no drain
  - (2) thoracentesis
  - (3) chest tube
  - (4) fibrinolytics
  - (5) VATS
  - (6) thoracotomy

#### **STAGE II**

#### • Failure rate:

40% for chest drain alone

15% for chest drain in association with fibrinolytics

10% for thoracotomy

none for VATS debridement.

#### **STAGE II**

• Risk factors for unsuccessful chest drainage in stage II

large effusions

lobulated effusions

frankly purulenteffusions

positive cultures

#### STAGE III EMPYEMA TRAETMENT

- Stage III empyema typically occurs 4 to 6 weeks from the development of a pleural effusio
- That is characterized by a rigid cortex encasing the lung, the chest wall, and the diaphragm.
- The progressive thickening of the pleura involving all pleural surfaces define a condition named "fibrothorax."

#### STAGE III

Nevertheless, at this stage chest drain and antibiotics can remove fluid and control infection, but respiratory impairment requires surgical removal of the peel to restore physiology.

#### STAGE III

• Identification of the transition from the purely fibrinopurulent stage into the formation of an organized pleural cortex may not be easily achieved preoperatively.

• Imaging techniques including thoracic ultrasound and CT may not accurately identify the thickness of the visceral cortex as there will inevitably be a layer of exudate over any cortical rind.

#### STAGE III

• The actual chronicity of the pleural sepsis may not therefore become apparent until VATS debridement has been performed.

• The surgeon must then assess whether full lung re-expansion can be achieved by VATS decortication or whether an open procedure is necessary.

### VATS Versus Open Decortication

- VATS approach was successful in patients with fibrinopurulent effusion, with a conversion rate of 44% in unexpected stage III disease.
- VATS approach is therefore recommended in patients:

who are promptly referred for surgery after failure of conservative treatments (less than 2 weeks since admission)

and when gram-negative organisms are not involved.

• In all other cases open decortication (OD) via posterolateral thoracotomy should be preferred, even with intraoperative conversion if pleural cortex is identified.

### VATS Versus Open Decortication

• OD may become necessary whenever adequate decortication cannot be accomplished thoracoscopically.

• Most of these studies confirm a superior outcome of VATS versus thoracotomy in terms of length of stay, chest tube duration, postoperative complications, pain, and mortality

# Thoracostomy (open drainage)

• In the more frail patient who may not tolerate a thoracotomy and either decortication or empyemectomy, the objective of surgery should be merely debridement and drainage of the infected cavity.

• This procedure can also be achieved in the spontaneously ventilating patient.

### **Thoracostomy**

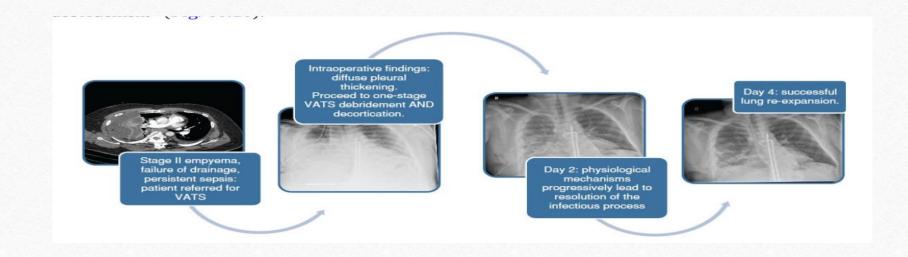
This can be achieved by a small rib resection, the creation of a thoracostomy, and VATS debridement via the stoma.

#### EFFECTS OF DECORTICATION ON LUNG FUNCTION AND CHEST WALL REMODELING

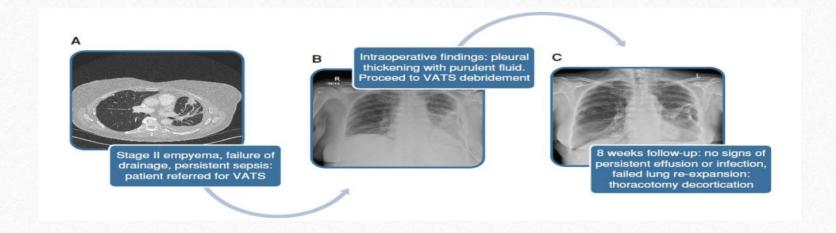
• Pulmonary function tests have increased significantly after OD in most treated patients

• with an effect on chest wall remodeling (enlargement of intercostal spaces) assessed with diameter measurements on CT scan.

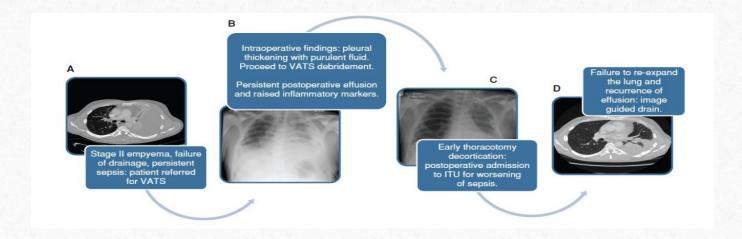
# Successful one-stage VATS debridement and decortication.



#### Successful VATS debridement



# Early thoracotomy decortication with failure of lung re-expansion and recurrence



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